



DECEMBER 2025 NEWSLETTER Its nearly christmas time! A well deserved break is nearly upon us all ☺ – this year has gone past super quick! We wish all our patients and community a wonderful, relaxing christmas and a safe New Year. Thank you once again for your patience and kindness we have experienced throughout 2025.

OPENING HOURS OVER THE CHRISITMAS NEW YEAR PERIOD – we are closed on all public holidays and weekends. We have plenty of staff on during the two short weeks. Please book online using Manage My Health App.



Mon 22 nd	Tue 23 rd	Wed 24 th	Thu 25 th	Fri 26 th	Mon 29 th	Tue 30 th	Wed 31 st	Thu 1 st	Fri 2 nd
9-5	9-5	9-3.30	Closed	Closed	9-5	9-5	9-3.30	Closed	Closed



MEDICATIONS OVER CHRISTMAS PERIOD –Please check your medications to ensure you have enough of a supply over the Christmas and New Year break. Don't leave it to the last minute as we can get busy the week leading up to Christmas day. Call us for a repeat prescription or review appointment with your doctor. Repeat prescriptions incur fees. You can also order your repeats through Manage My Health App.

🌙 **PRACTICE PLUS (afterhours Virtual extended care)** –Available for you & your whanau afterhours virtual GP consultations; weekdays 5pm-10pm and weekends/public holidays 8am – 8pm. This service is provided by Practice Plus not Pegasus Medical Centre doctors. Pre-payment is required prior to booking (this is not a subsidised service). 👉 More information is on our website.

For Helpful information call Healthline or www.healthinfo.org.nz, or if still you are concerned call and discuss with one of the nursing team members



VASECTOMY – We run a specialist clinic at PMC for 'No Scalpel Vasectomies'. Book an initial consultation with reception for this specialist male procedure. Medical insurance may cover the procedure.



MOLE CHECKS–Being SunSmart (using sunscreen, hats, covering up when in the sun) lowers the risk of skin cancer. More info at www.sunsmart.org.nz. Full and single mole checks are offered to anyone (you don't need to be enrolled). Cost is advertised on our website. You can book for that service with Dr John Dehn or Dr Roger Dehn. Health insurance may subsidise this specialist appointment. We are Southern Cross Affiliated Provider for Skin Cancer.

Visit our Health
Improvement
Practitioner.
It's free.

Kōrero Mai
Let's Talk

