

How to sign in with two-step verification

Simple guide for patients



Keeping your information safe

At Manage My Health, protecting your personal health information is important. We've added an extra security step when you sign in to help ensure only you can access your account and keep your information secure.

What this means

When you sign in:

- 1 Enter your username and password.
- 2 We send a verification code to your email.
- 3 Enter the code to finish signing in.

What you need

Before you start, please make sure:

- 1 You know your username and password
- 2 You can access your email address registered to your Manage My Health account
- 3 Your device is connected to the internet



How to log in on a computer or laptop

1. Go to the Manage My Health sign in page
2. Enter your username and password
3. Click **Sign in**
4. Check your email for the verification code
5. Return to the sign in screen
6. Enter the code
7. You are now signed in
8. Choose whether to trust this device for future sign-ins.



How to log in on a phone or tablet

1. Open the Manage My Health app
2. Enter your username and password
3. Tap **Sign in**
4. Check your email for the verification code
5. Return to the app
6. Enter the code
7. You are now signed in
8. Choose whether you would like to Set up Face ID or fingerprint (biometrics) for future sign-ins.

Need help?

✉ Email support@managemyhealth.co.nz
for further assistance.

 managemyhealth.co.nz

